

New Statements by Mr. Adnan Oktar (11 December 2015)

YIELDING TO THE LOWERSELF AND FANCYING ONESELF AS GREAT DRIVES PEOPLE INSANE; CRITICISM IS THE SOLUTION FOR THIS ISSUE THROUGH WHICH PEOPLE BECOME REASONABLE, COHERENT AND RATIONAL

When people do not make self-criticism, the lower-self causes them to become mentally ill and drives them insane. People should criticize themselves and they should let others criticize them as well. In this way, they become very reasonable, coherent and rational people. They recover from any mental disease, if any. They abandon their crazy and aggressive behaviors. Their inconsistency, their mania disappears and they stop tormenting themselves. Otherwise, for instance, I see that some young girls out in the streets are in tears almost every day. They live in tension every single day. They have normalized the act of crying. Someone says something about them or talks about them and they start to cry. They are extremely unhappy, nervous at all times. Criticize yourself and let others criticize you as well and that affliction would leave you alone. Live your life in peace. Become a normal and rational person. Why do you turn a blind eye to this opportunity?

WHEN ONE ACQUIRES THE MORAL TRAITS MENTIONED IN THE QUR'AN, HE BECOMES SMART, PLEASANT AND COHERENT

God provides very beautiful, divine secrets that enable people to become rational in the Qur'an. For instance, when one devotes himself to God, this alone eliminates all kinds of indecencies and abnormalities. For instance, submitting to God and putting one's trust in Him prevents self-torment. That is to say, trusting God eliminates any kind of torture on one's body. Only if one is patient can he make friends with everyone. In other words, when one is patient, there will be nobody that has an animosity towards him or that he separated with. When one is loyal, he develops a personality appreciated by everyone. When one criticizes himself, he regains his mental stability. When one lets others criticize him, he becomes a coherent, decent person appreciated by everyone. These secrets are introduced by the Qur'an yet people overlook these secrets while reading the Qur'an; these secrets seem like any ordinary thing for them. However, they do not realize that when they do all of these, they will have a perfect mental stability. Many people do not know that. They think that this happens by itself, but as they fulfill those conditions, they regain mental stability. Otherwise, he would go insane and would not even notice that he is insane or that he is not normal. God has a secret: For instance, when one becomes irrational and loses his sanity, he will not notice that he is not sane any more and he will not even realize when he regains his sanity. He will not comprehend that. It is just that he becomes a normal, rational, coherent, sane Muslim again.

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